







## **Saturday**

## **Prayer Leader:**

The Holy Sprit is always with us, sharing our hopes, fears and joys. The Holy Spirit is our most attentive friend.

We can listen to His voice within us: a voice that is gently encouraging, supportive, loving, kind and strong.



## **Prayer Leader:**

Holy Spirit, sometimes I feel fine and content with the world.

I count my blessings and know that I am loved!



## All:

Holy Spirit, as | breathe in and out, | say thank you for the life in me.

When | see something beautiful in nature, | am glad and grateful for your world.

When someone does something kind for me, | realise that you want to give me peace, hope and love.

Holy Spirit, live in me.

Amen

