





# **Prayer Leader:**

This week we've read the story of Thomas, who initially doubted that Jesus had really risen from the dead.

But Jesus appeared to Him and brought Him comfort.



### Reader:

'Jesus said, "Peace be with you. As the Father sent me, so I am sending you."

After this, He breathed on them and said: 'Receive the Holy Spirit.'"

John 20: 21-23



### **Prayer Leader:**

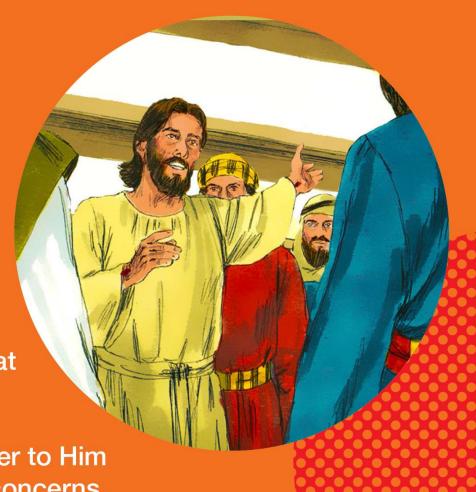
Where in your life do you need God's' peace right now?

What doubts or questions do you have for Jesus?

Close your eyes and imagine that Jesus is sitting next to you.

In the quiet of your heart, whisper to Him your hopes, fears, worries and concerns.

Ask Jesus to bring you the gift of new life: His peace.



## **Prayer Leader:**

Close your eyes and take three, slow breaths in and out, before we pray together.

#### All:

Dear Jesus,
Thank you for being with me here now.
Help me to feel your peace and to
share it with others.
Amen

