





Prayer Leader:

Yesterday we saw that Jesus came to the frightened disciples in the room where they were.

Let's read on:

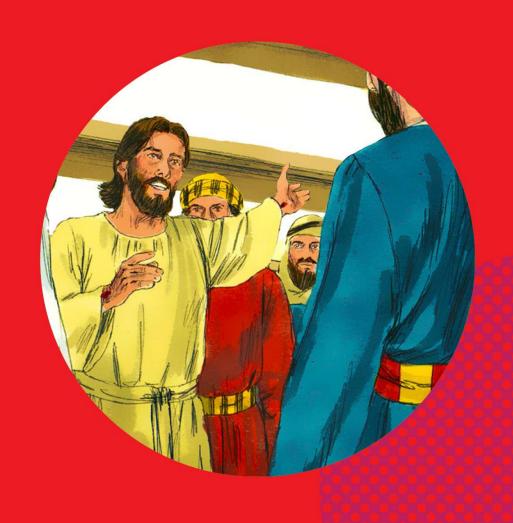


Reader:

'The disciples were filled with joy when they saw the Lord and He said to them again, "Peace be with you. As the Father sent me, so I am sending you."

After this, He breathed on them and said: 'Receive the Holy Spirit.'"

John 20: 20-23



Prayer Leader:

Jesus brought a special gift to the disciples. He brought them new life through peace and the Holy Spirit.

Jesus would no longer live amongst His disciples as He had before, so He was sending the helper – the Holy Spirit – to be present amongst them.

Maybe you aren't able to be with all the people you love just now, but we know that God is present to us and to them through His gift of the Holy Spirit.

Prayer Leader:

Let's ask the Holy Spirit to be with us in our prayers.

Close your eyes and take three, relaxing breaths in and out, before we pray.

All:

I believe in the Holy Spirit, the giver of life and the bringer of peace. Help me to keep peace in my heart. Amen

