

Following in the footsteps of Jesus, we learn, love and laugh together



Friday 10th October 2025



Dear Parents and Carers

During the month of October, we will be paying special devotion to Our Lady of the Rosary. Yesterday we gathered as a school community to pray a decade of the Rosary, this will continue on Tuesday and Thursday mornings at 9.15 am. Parents, Grandparents and Parishioners are warmly invited to attend, the session lasts approximately 15 minutes.

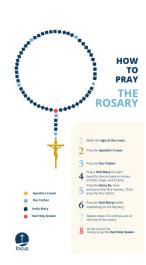
Next week, we will be celebrating St. Luke's Feast Day. The children will be attending mass next Friday morning at 10 am. Parents are warmly invited to join us and if you are able to walk to church with us your support will be greatly appreciated.

On Tuesday, the girls participated in the Frodsham and Villages Football Tournament, they demonstrated great team effort and lots of enjoyment. Congratulations to all who participated. Thank you again to all the parents who supported this event, your support is gratefully appreciated.

We are delighted to be welcoming Richard Simpson, a professional football coach, known to many of you for his work within the community. Please see the message that has gone out on school spider today.

Wishing you all an enjoyable weekend.

Eileen Murtagh



Attendance

Overall Attendance this week is 95.52%

Across the school, **102 minutes** of learning time was lost this week through late arrivals.

Don't underestimate the importance of 100% attendance. Even one day missed can have an effect on learning.

98% attendance means 4 school days missed
95% attendance means 10 school days missed
90% attendance means 19 school days missed
80% attendance means 38 school days missed
5 minutes late each day means 3 school days missed



Please be aware that requests for children to take holidays during term time will be classed as an unauthorised absence.

Please be aware that unauthorised absences that exceed 5 school days during term time will receive a fixed penalty notice (FPN).

Reminder - Dental or medical appointments

If you will be taking your child for an appointment please send us an email with the booking/screen shot for our files. Thank you



As we start the new School year, we're excited to inform you of the myHappymind Parent App. It's a brilliant way to help children keep practising their myHappymind habits during the School year at home.

You will need the activation code 111379

To find the checklist on the Parent App, they simply:

- 1. Open the app
- 2. Click on Kids' Zone
- 3. Select myHappymind Checklists
- 4. Choose the Holiday Checklist

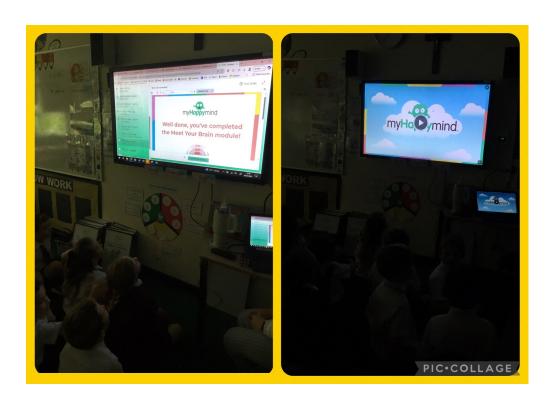
St Nicholas Catholic High School Newsletter

For the latest newsletter click here



We have finished our *myHappymind* first module, **Meet Your Brain.** In this module, we learned about the different parts of the brain and how they help us every day. We also discovered how to use *happy breathing* to calm ourselves when we feel sad, stressed or worried. We explored what happens in our brain when we learn something new and talked about how to look after our brain to keep it healthy and strong. Next, we are excited to begin our new module, **Celebrate**, where we will learn about celebrating our character, our strengths, and what makes each of us unique!

The *myHappymind* newsletter will also be sent out to parents to share more about what we will be learning next.



St Luke's Lion Cubs

We loved seeing our Lion Cubs on Wednesday! Come and join us again next week





Little Church

Come and join us for Children's Liturgy on Sunday 19th October during 11am mass where we will do some fun activities to explore the Gospel. This is aimed at children who have not yet made their First Holy Communion.

Dates for your Diary

16th October: Flu Immunisations

17th October: Whole School Mass - 10am

20th October: Frodsham Walk St Mary's

23rd October: FOSL Halloween Disco

5th November: Chester Zoo Visit Whole School

4th & 6th November: Parent's Evening

Please share our open day for 2026

15th October 9.30—11.00am

St Luke's Lion Club event

22nd October 9.30—11.30am

Halloween craft activities

3rd December 9:30-11:30am

St Mary's Class

English

We are enjoying our text - Lost and Found and we have been writing about how the characters might have felt during different parts of the story. Reception have been writing sounds they can hear and year 2 have been writing sentences including "because" and "when".

Maths

Year 2 and 1 have been working on fact families to 10 and 100 and using the sae 3 number to make as many number sentences as possible. Reception have been working on counting carefully and representing numbers in 10 different ways.

In The Vine and the Branches we have learning the Our Father prayer and what each line means. We also enjoyed celebrating the Feast of Our Lady by learning the Hail Mary prayer and singing Ave Maria.

Geography

We enjoyed using maps of school to find clues and identify different places using photographs. We have begun to identify places in Frodsham and where we can go for help.

Art

We listened to music, felt objects and smelled sweet smells and used sketch pencils and colours to respond to the stimuli in different ways. We used soft sketching, small movements, large sketches and different shapes and patterns according to how the stimuli made us feel.





St Elizabeth's Class



This week in St Elizabeth class, we were excited to read to the end of our story, Gorilla! We read all about Hannah's overnight adventures with her new gorilla friend. We predicted the events at the end of the story and considered some of the themes whilst writing our own book reviews. On Fluency Friday, year 4 focused on fronted adverbials and year 3 focused on punctuating direct speech.

In Maths, Year 4 completed their place value topic by rounding to the nearest 10, 100 and 1000. It was a concept we found quite tricky but we used our learning power of perseverance to help us through. In Year 3, we have started addition and subtraction and have been finding 1, 10 and 100 more or less than given numbers. We saw how using our place value grids really helped us to master this! For fluency Friday, we explored some multi-step problems linked to our topics.

In Science, we explored changing states of matter further and this week turned a solid into a liquid. We melted an ice cube and timed how long it took, as well as measuring the temperature. It took 33 minutes for the ice to melt!

In History, we learnt about the famous general Lady Fu Hao from the Shang Dynasty. She was the only female leader at the time! She is famous for leading 13,000 people into battle, and we even explored some of the artefacts from her tomb.

In Computing this week, we started to learn about coding and created our own scenes and characters. We used a flowchart to sequence instructions to make our characters move and create sounds.

In the Vine and Branches, we read from Psalm 8 and considered the grateful language used to praise the creation story. We wrote our own hymns of praise using a similar style.

We thoroughly enjoyed each other's homework presentations this week too. We spent time on Wednesday morning sharing our projects with our tables and then with our friends in the classroom. It was brilliant to see such a wide range of projects, from power points, booklets, leaflets, posters, and even a model! Well done to everyone who contributed to this project.

St Catherine's Class

It's been another exciting and productive week in St. Catherine Class, filled with lots of learning and teamwork across all subjects.

In English, we have continued reading Star of Fear, Star of Hope, focusing on how to use cohesive devices effectively to improve the flow and clarity of our writing. We have been developing our understanding of how words and phrases can link ideas together smoothly, making our work even more engaging to read.



During Whole Class Reading, we have been learning about inspirational Black women as part of Black History Month. We have enjoyed reading, discussing, and reflecting on the incredible achievements and resilience of these women.

Our Geography lessons have also been full of curiosity and collaboration. This week's focus was on the question, What is energy? Everyone enjoyed working in groups to sort different energy sources before exploring where these are found around the world. Year 5 concentrated on locating specific countries on the map, while Year 6 extended their learning by identifying key global trading routes.

In our My Happy Mind session this week, the class focused on character strengths. Everyone reflected thoughtfully on their own personal strengths and shared real-life examples of how they have used these in and out of school. It was lovely to see such positive self-awareness and encouragement among classmates.

We are also very proud of our Year 5/6 girls' football team, who represented our school brilliantly in the FAVSP competition this week. The team demonstrated excellent teamwork, determination, and skills throughout their matches—well done, girls!



Award Winners

Well done to this week's award winners...

Raise the Praise Champions

Pride award





Sports Awards



Headteacher Awards



Subject Awards



School Council and Eco Warriors

We are pleased to introduce our new School Council members and our Eco Warriors! We have already had a meeting and planned some activities for World Mental Health Day today.





Football



We are very proud of the children who attended the Girls Football tournaments this week! They showed great teamwork and sportsmanship. Thankyou also to the staff and parents who transported the children to and from the event. This support makes these events possible.