



Catholic Agency for
Overseas Development

CAFOD Stories

Aspire
not to **have**
more but to
be **more**



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CAFOD aspires
to build a world
free from poverty
and injustice...

...where everyone
has enough to eat.

Tomás' family are farmers. It's difficult to grow enough in the soil where they live. Plus, extreme weather is wiping out crops.

CAFOD have helped the family by training them in good farming practices and teaching them to grow their own seeds, as they are expensive to buy. Now the family grows enough to have what they need.



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CAFOD aspires to
build a world free
from poverty and
injustice...



...where children can
rebuild their lives.

Mary is 7 years old and comes from Syria. She had to leave her home because of the war. Mary now lives in Jordan, where she can go to a puppet class with other refugees, supported by CAFOD.

In the puppet class, the children watch films, make their own puppets and talk about the difficult things they have experienced. In this way they can start to rebuild their lives.



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CAFOD aspires
to build a world free
from poverty and
injustice...

...where everyone
can be healthy and
happy.

When Twalumba was born, he was not growing as well as other children his age.

His mum joined a support group, funded by CAFOD, to teach new mums about good nutrition and feeding. Now Twalumba is feeding well and growing up healthy.



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CAFOD aspires to
build a world free
from poverty and
injustice...

...where creation is
cared for.



Proto, Fiona and Dana are 'young guardians' of the Atrato river. They live in the north west of Colombia, an area with many different plants and animals, but also at high risk from climate change. In order to help care for the river and their area, they learn about how to take actions such as cleaning the river and raising awareness in their community.



CAFOD aspires
to build a world free
from poverty and
injustice...

...where all children
can go to school.

Waed had to leave her home in Syria. She now lives in Jordan. With CAFOD support, she goes to a school for Syrian refugee children. She has English, Arabic and Maths lessons.

Waed says: "I like English. I just want to play."



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CAFOD aspires to
build a world free
from poverty and
injustice...

...where everyone has
clean, safe drinking
water.



Two of Proscovia's sisters had to drop out of school to collect water. The same thing almost happened to her.

Through CAFOD, the borehole/well near her home was fixed, so she no longer has to go far for water. This means she can stay clean and stay in school. Proscovia is happy learning with her friends.



CAFOD aspires
to build a world free from
poverty and injustice...

...where everyone
gets a fair price for the work they
do and the crops they grow.

CAFOD's partner has helped Joel's parents to learn to grow more food in the hard conditions of the Altiplano in Bolivia. They have been helped to build a greenhouse to protect some of their crops. They have learnt how to build a wormery so that they have good fertiliser for their soil so that they grow more and better crops.

Now not only does the family grow enough food for themselves but they have extra of some crops such as onions, chard, potatoes and beans which Elizabeth takes into the nearest town to sell at market. Modesto also sells some of the fertiliser from the wormery, because people can see how good it is.



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CAFOD aspires to
build a world free
from poverty and
injustice...

...where everyone
can live in peace.



In Magdalena Medio, conflict has been a part of life for such a long time. Violence is seen as a normal way to deal with disagreements and conflicts, even at home.

Despite the peace agreement, violence continues between neighbours, school children and among families. We're been talking to students, parents and teachers to find out how conflict has affected them, so we can decide which issues to tackle in our school workshops.

These students from San Pablo Secondary School are some of the many that will be supported through the CAFOD's peacebuilding work.



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What do
you do
for the
world?