

A religious painting depicting three angels seated on a wooden bench. The angel on the left wears a red and white robe. The central angel wears a blue and white robe and holds a staff with a cross. The angel on the right wears a blue and white robe and holds a staff with a cross. A golden chalice with a white host is placed on a table in front of them. The background features a building and a tree. The entire scene is set within a semi-circular frame.

THE
GOD
WHO
SPEAKS

Sacred Space

7th - 13th June 2020

St Nicholas Catholic High School

Sunday Reading – John 3:16-18



Jesus said to Nicodemus:

‘God loved the world so much that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life.

For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.

No one who believes in him will be condemned;
but whoever refuses to believe is condemned already,
because he has refused to believe in the name of God’s only Son.’

Sunday Space



We go back again to the reassuring words of Jesus that God's relationship with the world is all about love. The difficult phrases about being condemned must only apply to those who refuse God's love and that's a decision for people to take because God can't stop loving us.

This week is Holy Trinity Sunday and across the world people will be trying to explain what the Trinity is. The idea of Three Persons in One God is truly a mystery that we will be trying to unravel for the rest of time. And yet we believe it. We believe in a God who is the over-arching Creator, we believe in Jesus who walked on this planet and we believe in the Holy Spirit who inspires every breath that we take. We believe that we have been invited into this relationship, we are held in a circle of Love that is active; creative and all encompassing - Father, Son and Holy Spirit.

There is a worksheet on the Gospel attached – some of it may be a little young for you but maybe to share with siblings or the family and the June Acts of Kindness calendar. Please do have a good week and take care of yourselves as the lockdown starts to ease it is time to be making good decisions about our own actions. I am praying for you every day and hope that you and your family are well. If you have any prayers you would like me to say for you, or if you would like a chat - please email me.

M.gelling@st-Nicholas.Cheshire.sch.uk

God Bless, Mairie

If you are printing the pages from the booklets remember to choose 'current page' only.

Month of the Sacred Heart

THE
GOD
WHO
SPEAKS



June is given over as the month of the Sacred Heart of Jesus and the readings remind us of his love for us.

The image of the Sacred Heart can seem a little melodramatic – even quite gothic.

Here is an explanation of the symbolism around the devotion to the Sacred Heart

[The Sacred Heart](#)

Have a listen and think about how Jesus' heart, and love, is there for you.

Although I do like my granddaughter's explanation the best ' Nanny – Jesus' heart has to be on the outside because it is so big with love that it doesn't fit on the inside.'





Mindful Monday



At the start of the week, we begin with a sense of knowing that where we are is maybe not where we are meant to be.

*God, forgive us when
We treat your generosity as our right
And keep it to ourselves.
Give us enough trust to live secure in
your love
And to share it freely with others
In the confidence that
Your grace will never run out.
Amen*

‘Brethren , we wish you happiness; try to grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss.
All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.’

Paul’s 2nd Letter to the Corinthians

This is a lovely blessing from Paul and a great way to start the week. Very like the blessing that has recently been crossing the virtual world.

Jan Berry [The Blessing](#)

Wellbeing Bingo!

 Watch a Disney movie	 Clean your room	 Quiz with family or friends
 Send a thank you message	 Read a book	 Make someone smile
 help make dinner	 Go outside and sketch/draw	 Learn to count to 10 in a new language

Alongside your daily staples of completing your home learning and keeping active, how many wellbeing activities can you complete today?

Can you get a full house?!



Stay safe, and stay at home 😊

Thankful Tuesday



We often think about what we want.
We rarely think about what we
already have.

We are surrounded by good fortune.
Take a moment to count your
blessings.

*Lord,
I wish you could give me eyes so large
that I could see the world as you do.
Because I like looking at the world
but sometimes I forget to notice,
to admire, to acknowledge
all that is good.
Amen*

‘Moses called on the name of the
Lord. The Lord passed before him
and proclaimed, ‘The Lord, a God of
tenderness and compassion, slow to
anger, rich in kindness and
faithfulness.’

Book of Exodus – Moses heard this
message around 3500 years ago – we
hear it today...

[Amazing Grace](#)

**WHERE GRACE FLOWS,
MERCY THRIVES**

Wonder Wednesday



It's good to take a moment and pay attention to the small but important something that may be in front of our eyes.

"I think us here to wonder, myself. To wonder. To ask.

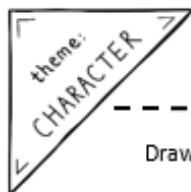
And that in wondering 'bout the big things and asking 'bout the big things, you learn about the little ones, almost by accident. But you never know nothing more about the big things than you start out with.

The more I wonder, the more I love."

— Alice Walker

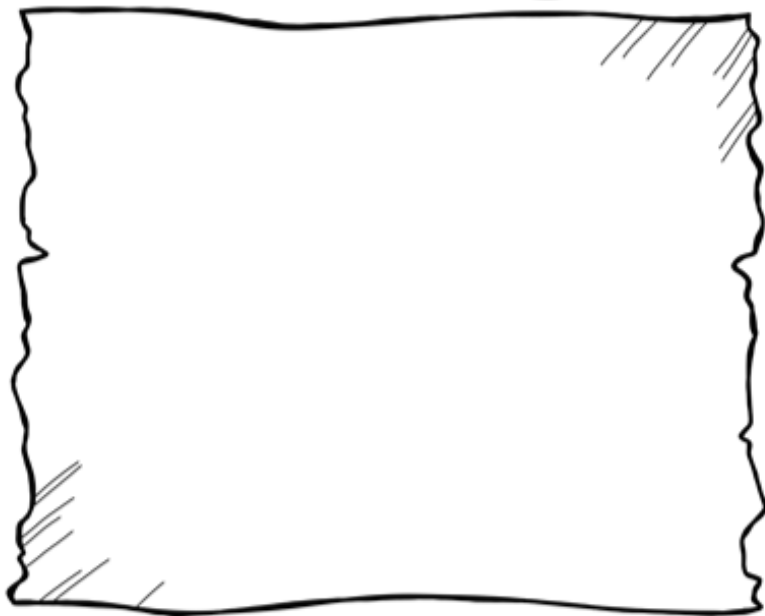
Jesus said to his disciples: 'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.' Matthew 5

[True Colours](#)



JOY

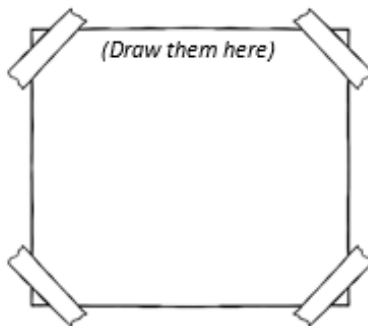
Draw something that has made you smile or laugh this week.



Joy is an important characteristic. It's not the same as happiness – happiness is an emotion that depends on your circumstances, and it's okay to feel sad when sad things happen. Joy is like an inner peace – even when things are tough, you still have things to hope for and be thankful for.

Who is the most joyful person you know?

(Draw them here)



What do you think makes them so joyful?

BIBLE BIT

"I pray that the God who gives hope will fill you with much joy and peace while you trust in Him."

ROMANS 15:13

Christians believe it is God who gives us joy, through the Holy Spirit. This Bible verse is written by a man called Paul, who had amazing joy, despite being tortured and imprisoned for his faith.

How do you think 'being filled with joy' affects someone's life?

PRAYER IDEAS:

Thank God for the joy and hope He gives us.

Pray for your friends who struggle to feel joy and hope.

Thoughtful Thursday

Feast of Corpus Christi



Where does the time go?
Maybe time to focus on where the
week is going?
Anything that needs to change?

*Lord, do not simply say that you are
with us.*

*Millions do not know you, and to those
of us who do,
what is the difference?*

*What is the point of your presence
if our lives do not change?*

*Lord, I give you permission to change
my life.*

Amen

'Jesus said: 'I am the living bread which has
come down from heaven. Anyone who eats
this bread will live for ever; and the bread
that I shall give is my flesh, for the life of the
world.'

John 6

What does this feast celebrate?

Read here [The Feast of Corpus Christi](#)

*Here is a clip from 1934 of Corpus Christi being
celebrated at the Liverpool Cathedral with about
40000 participants. [Corpus Christi 1934](#)*

*As we celebrate the Eucharist today, if you can –
find your local Mass on-line or watch via
Shrewsbury Cathedral*

<https://www.shrewsburycathedral.org/>



Fabulous Friday



Take a minute.

Reflect back on your successes and your challenges. Are you beginning Friday in the best place? If not, now's the time to make it right. If so – then – *Fantastic!*

*Loving Father,
In all of us there is a longing
for a life that has not yet come,
for a world that that is free and just,
for a dream of hope for all people.
May your Kingdom come.
Amen*

Dorothy McMahon (adapted)

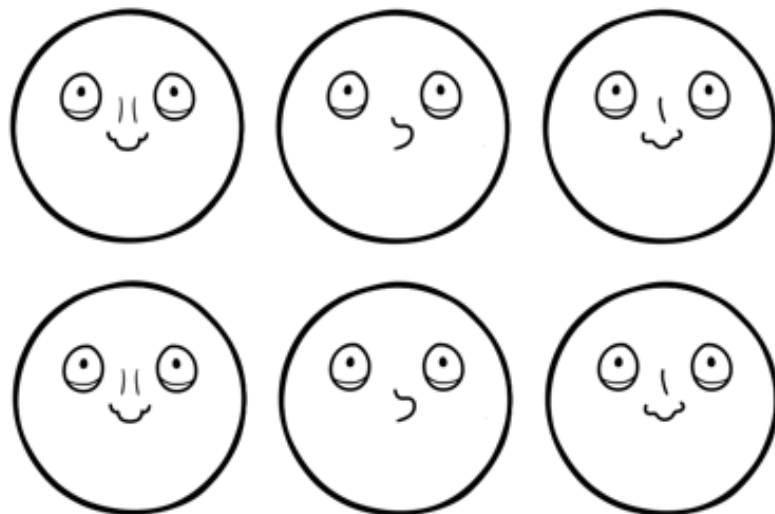
There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire.

And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave. Then a voice came to him, which said, 'What are you doing here?' 1 Kings

Take a moment today to listen out for God's presence, to share your thoughts and experiences and to ask for the help you need.

ENCOURAGING OTHERS

Doodle the missing mouths on these faces.
Try and make them all different (the sillier the better!).



"When you talk, do not say harmful things, but say what people need – words that will help others become stronger."

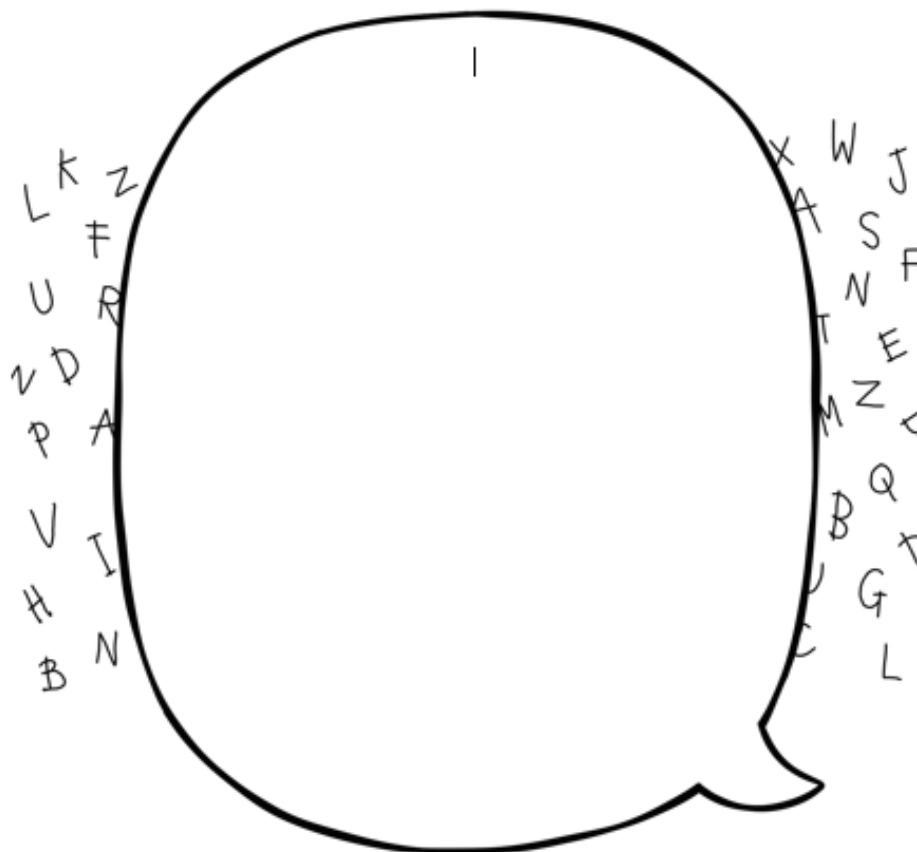
EPHESIANS 4:29



Our words are powerful and it matters what we say. The Bible teaches that we should use our words to encourage others and build them up.

What's the most encouraging thing anyone has ever said to you?

In the speech bubble, write as many encouraging phrases as you can think of which you can use to help your friends 'become stronger'.



Your challenge is to use all of these phrases this week! (And mean it!)



Pray for those who speak unkind words.

Ask God to help you use your words to encourage others.

Prayers of the Church



Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory be to the Father, the Son and the Holy Spirit. As it was in the beginning, is now and forever will be, world without end. Amen

Simply Saturday

Prayer for the World
God of love and hope,
you made the world and care for all
creation,
but the world feels strange right now.
The news is full of stories about
Coronavirus.

Some people are worried that
they might get ill.

Others are anxious for their family
and friends.

Be with them and help them to find peace.

We pray for the doctors and nurses
and scientists,

and all who are working to discover
the right medicines
to help those who are ill.

Thank you that even in these anxious
times,

you are with us.

Help us to put our trust in you and
keep us safe. Amen

*We pray today for all those
affected by the Pandemic.*

*And add our own intentions
to the prayers of the world.*

Amen