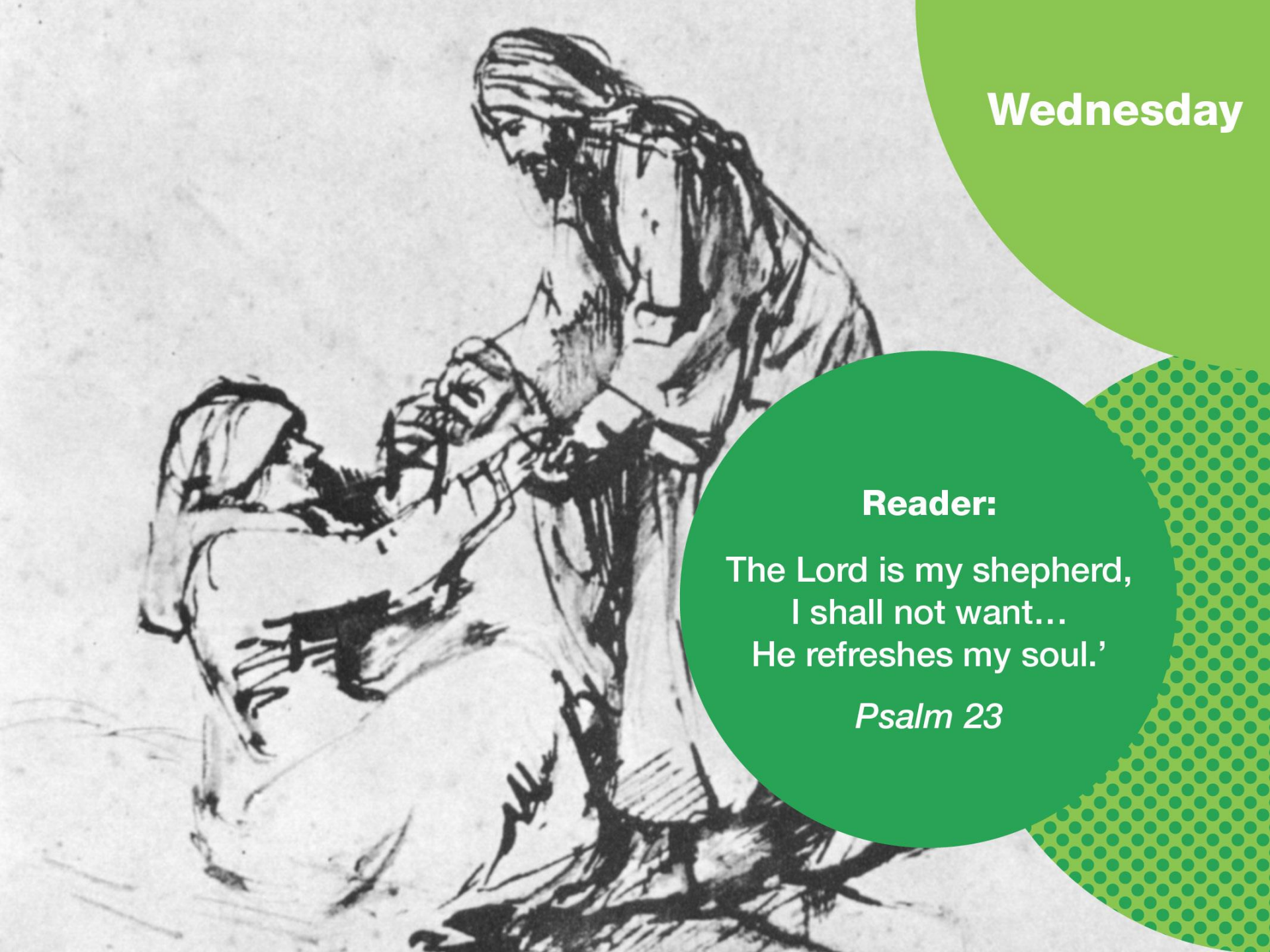


I Shall Not Want





Wednesday

Reader:

The Lord is my shepherd,
I shall not want...
He refreshes my soul.'

Psalm 23

Prayer Leader:

So far, we have heard that Jesus feeds and guides us as our shepherd. Another really important thing that a shepherd provides for his sheep is **help** and **protection**. A shepherd helps and protects his sheep from harm - from wild animals, from dangerous places, from really bad weather and from hurting themselves.

Jesus protects us because He is our Good Shepherd. He stays close to us. He protects us from sin and evil. He helps us when we find things difficult - when we are upset or when we don't know what to do.

Jesus will help us whenever we need it – all we have to do is ask. Then we can live life to the full and be full of joy and faith.





Prayer Leader:

Think about how Jesus has already helped you in your life, and ways that you want to ask for His help - for yourself and people you know. Think about, write or draw your ideas and prayers. Use the words around the picture to inspire you.

...helped me to
understand

...helped me
when I was ill

...helped me to
know God's love

...helped me
to adapt
to change