







## **Prayer Leader:**

Yesterday, we thought about how Jesus feed us - our bodies and our spirits. Like a shepherd, Jesus also guides us. To guide someone means to help them know which way to go - not in a bossy way, but gently.

A guide might show you round a place you don't know – like a museum. Or they might help you learn a new skill. Our teacher guides us to know and do new things. We do the learning, but our teacher guides us along the way.

We all need guides in life because we don't know exactly which way we are going! Jesus guides us through our lives, like a shepherd helps the sheep on paths they haven't travelled. He helps us know the way to go and the loving things to do.



Take a moment to reflect on how Jesus guides you and how you would like to let Him guide you more. Think about, write or draw your ideas and prayers. Use the words around the picture to inspire you.

...when | was facing a difficult situation

...when | started a new class

...when | was tempted to be mean ...when | didn't know how to make a friend