



St Luke's Catholic Primary School

The Willows, Frodsham. WA6 7QP

Tel: 01244 259999

Website: www.stlukesfrodsham.org.uk

Headteacher: Miss E Murtagh, M Ed, BA (hons)

Following in the footsteps of Jesus, we learn, love and laugh together

Friday 19th March 2021

Dear Parents and Carers

We continue to work in partnership with the Local Authority and Public Health to support the Health and Safety of our School and local community. Information is regularly updated.

Self-isolation Resources

I wanted to let you know about the online resource pack the Council has available to help anyone who has to self-isolate for 10 days to help prevent the spread of COVID-19.

This includes information about who should self-isolate, how to self-isolate and how to look after any symptoms at home. There are also sections about how people can get financial help to tide them over the self-isolation period, how to get essential shopping, where to get support with wellbeing and even tips on how to cope with boredom.

I would be grateful if you could share this link with colleagues and parents to help anyone who may need to self-isolate.

- [Self-isolation support and inspiration pack](#)

The Council will be sharing regular tips on social media to inspire self-isolators. Residents are invited to share their ideas and experience, either by posting on social media and tagging @GoCheshireWest and using the hashtag #InspiringCW, or by visiting: www.cheshirewestandchester.gov.uk/inspire-cheshirewest and adding your ideas in the **how are you making the most of staying at home** section.

The Council has also developed social media images which are available to download and share. These include when and how to self-isolate and an image to share with self-isolation inspiration tips.

- [View available resources to download and share](#)

Anyone who needs support but does not have online access can call the Council's helpline on: 0300 123 7031.

As the age of Vaccination eligibility reduces more and more people will receive their invitation. This i

Update to guidance for parents

We have updated our guidance on [what parents need to know about early years providers, schools and colleges during COVID-19](#).





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The guidance now includes information on returning to boarding school from overseas, including arrangements for pupils to quarantine on arrival in the UK. It also provides additional information to support parents considering elective home education for their child.

We have also published a collection of [guidance providing information for parents and carers](#) of children attending early year's settings, schools and colleges during the coronavirus (COVID-19) pandemic.

This collection brings together information and guidance for parents on:

- essential information for the spring term
- coronavirus (COVID-19) testing
- clubs and out-of-school settings
- home schooling and remote education
- support for children and young people

Thank you for your continued support in helping to ensure our school community remains safe and well.

Yours Sincerely

Eileen Murtagh

